

Local Produce

The beating heart of the WestCountry food group, built on a daily commitment to sourcing the finest fresh produce from across the southwest and beyond.

Cornwall

- Micro Herbs / Peashoots, Coriander, Red Radish
- Edible Flowers / Mixed & Viola
- Rainbow Chard
- Potatoes / Salad Mids, Red Monte Carlo, Duchy Fries, Prepacked 10x2kg, Pink Firs & New potatoes
- Soul Farm Mixed Leaf Salad
- Baby Leek
- Strawberry
- Asparagus (Limited availability)



Devon

- Forest Fungi Mushrooms / Shitake, Yellow & Mixed Oyster, King Oyster & Shimeji (STA 3 day pre-order)
- Sky Sprouts / Sprouting Mixed Beans & Alfalfa Shoot (3 day pre-order)
- Swede
- Bakers 40s, 50s & 60s
- Washed Ware Potatoes
- Regular & Babyleaf Watercress (4 day pre-order)



All produce is marketed and sold subject to daily grower and market availability. This document is accurate at the point of release 20/05/2024

Seasonal Guide

Good Value

- Red Beetroot
- Butternut Squash
- Banana Shallots
- Sprouting Beans
- Swede
- Celeriac
- Small Lemons
- Flat Lettuce



Use with Caution

Sugar Snap, Mange Tout, Fine Bean and Tenderstem in very short supply due to extreme rains in Kenya
Red Chicory - limited availability and high cost
Cauliflower - UK summer season coming to an end
Carrot - UK season ending
Green Cabbages - moved to imports and price reflects this
Chipping Potato/Bakers - saturated ground across growing regions means supply levels will be down going into 2024 & high demand will mean prices increases
Parsnips - prices rising, harvesting a major struggle in wet ground.

In Season at Source

Cornish New Potatoes
Spanish Peach, Nectarine & Apricot - Season starting
Cornish & English Strawberries
English Asparagus
Isle of Wight Heritage Tomatoes
Banana Shallots - good value by the net
Rhubarb - Outdoor
UK Lettuce - Season starting
Red Beetroot - Good Value winter veg line
Watercress - Dorset baby watercress - avail in 100g packs
10kg celeriac nets all in for roasts/function menus etc
Citrus - Small lemons for best value
Devon Sprouting Beans and Alfalfa Seeds - nutritious salad option
Mushrooms - Forest Fungi local Devon mushrooms - fantastic range available to pre-order

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