

Local Produce

The beating heart of the WestCountry food group, built on a daily commitment to sourcing the finest fresh produce from across the southwest and beyond.

Cornwall

- Asparagus / Splattenridden
- Micro Herbs / Coriander & Peashoots
- Cabbage / Spring Green
- Swede
- Cauliflower / Large
- Mixed Edible Flowers
- Trenow Fields Salad Leaves
- Strawberry
- Rhubarb
- Potatoes / Jazzy & Salad Mids, Cornish News, Washed ware, Duchy Fries, Prepacked 10 x 2kg & Reds

English Highlights

- Carrots / Bunched & Chanteney
- Rainbow Chard
- Potato / Ratte & Marispiper
- Radish / Rainbow & Breakfast
- Purple Sprouting Broccoli
- Microcress / Nasturtium & Red Stem Radish
- Sea Inspired Herbs / Aster
- Red Forelle Pear

For a full list view our weekly newsletter or ask our team

Devon

- Potatoes / Bakers 40s, 60s, 80s, Washed Marfona & Maris Piper
- Salad / Red Beetroot
- Veg / Swede, Parsnip, Leek, Celeriac
- Rainbow Chard
- Cauliflower



All produce is marketed and sold subject to daily grower and market availability.
This document is accurate at the point of release 16/05/2022

Seasonal Guide

Good Value

Good value Roots – Value Veg lines – Carrots, Celeriac, Swede and English Beets are good value veg options by the case
Leek – decent value green
Citrus – Smaller lemons avail for value – XL for best quality
Apples – For best value use French Braeburn & Royal Gala

In Season at Source

Local Asparagus – UK season and Cornish starting to be harvested now – cold nights slowing spear growth
Broad Bean & Peas – UK season is getting going
Pear – some red forelle avail as an alternative to conference
Stone Fruit – European season starting – nice peaches and apricots starting to come in
Rhubarb – local outdoor now avail

Use with Caution

All Lettuce/Iceberg – Import prices **remain extremely high** due to issues in Spain and very low supply levels vs high Europe-wide demand. Possible complete market shortages
Melons – Between seasons – import volumes very limited and **prices are right up** – Avoid / Please check for best value when ordering
Berries – Local Strawberries now starting / Blueberries are good value / Raspberry eased a little but redcurrant market prices up & hard to find
Tomatoes/Cues/Broccoli/Courgette – Good news – prices are now easing across these ranges as harvest volumes increase and supply starts to balance against demand
Cabbage – Savoy now Spanish imports as local finished – prices reflect this / Red Cabbage now imported and prices up
Pineapples – Import prices have jumped up a little – portion control
Sugarsnap and Mangetout – Import prices are up – finebean best value out of the three exotic beans
Chicory – use white/yellow in place of red for best value
Red/Pink Grapefruit – price jumped up – use yellow for better value

Please note all produce is marketed and sold subject to daily grower and market availability. This document is accurate at the point of release 16/05/2022

Italian Market Produce

Pre-order weekly from our Italian specialist market produce.
Place your orders on Thursday week 1 for delivery Friday week 2.

Bergamotto



Broccolo Fiolaro



Castel Franco



Catalogna Cimata



Cherry Tomatoes



Cima de Rappa



Datterino Toms



Globe Artichokes



Monks Beard



Piccadilly Toms



Pink Radicchio



Red Mangold



Red Wax Tip Pears



Trevisano Tardivo



Treviso



Tropea Onion



Contact your local depot for our latest market quotes.
Please note produce is advertised and sold subject to market availability.