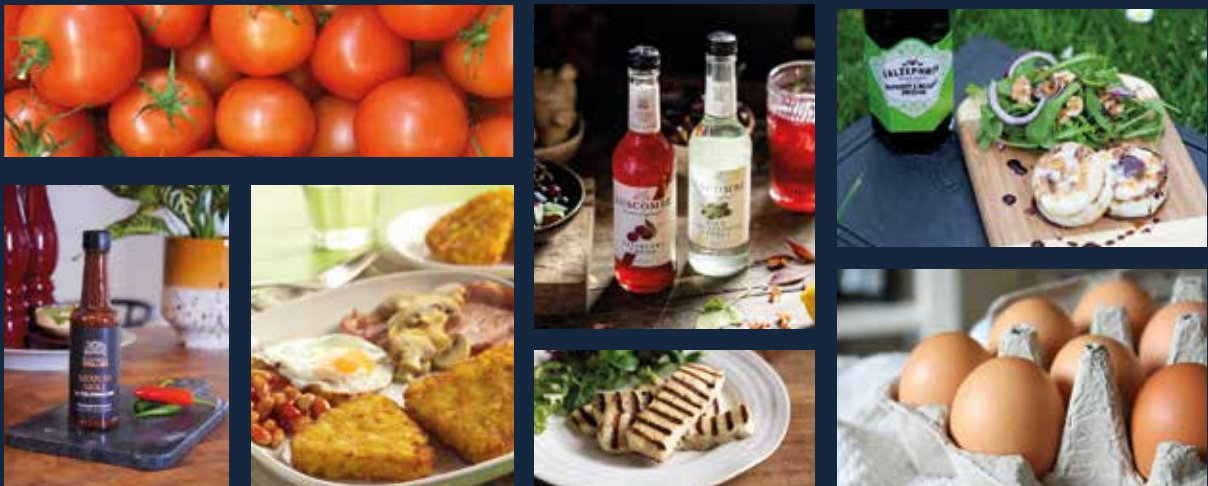
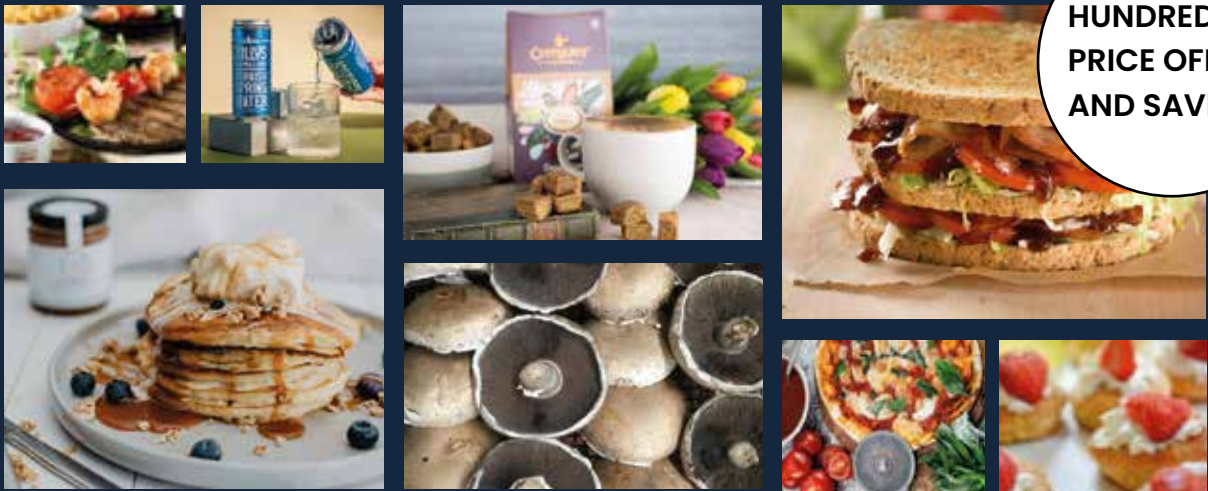


WestCountry

A PASSION FOR FOOD

APRIL BLOCKBUSTERS

HUNDREDS OF
PRICE OFFERS
AND SAVINGS



WestCountry fruit sales, ltd

THE ESSENTIAL
FOOD COMPANY

Plough
to Plate

A top-down view of a diverse selection of fresh produce. In the upper left, there are several mushrooms, including a large white one and a smaller purple one. A green bell pepper is prominent in the center. To the right, there are yellow and purple flowers, possibly pansies. In the lower left, a green pea pod is filled with bright green peas. Other items include a slice of white vegetable, possibly a radish or turnip, and various small green herbs and seedlings scattered across the white background.

fruit sales ltd
WestCountry

MARKET GUIDE

The business that started it all continues to thrive, sourcing the finest fresh produce from Cornwall, the South West, UK and beyond. With market leading customer care and delivery service levels, we look after you so that you can concentrate on your business.

Local Produce

Cornwall

Cornwall Micro Greens

Peashoots & Micro Coriander

Dowstall Farm

Peashoots & Purple Sprouting

F.G Pryor

Duchy Fries, Washed Ware,
Salad Mids, Pink Fir, Red Monte
Carlo & Local New Potatoes

Fox Farm

Rainbow Chard & Rhubarb

Good Earth Growers

Edible Flowers & Micro Herbs

Kneebone

Swede & Leeks

Meadowside Nursery

Purple Sprouting

W.R Skewes

Cauliflower



Devon, Somerset & Dorset

Terawhiti Farm

Cauliflower

Martin Horn

Swede

Anthony Thorn

Leek & Cauliflower

Lidstone A.J & Sons

Washed Marfona &
Bakers 40s, 50s & 60s

The Watercress Co.

Watercress

Forest Fungi Mushrooms

Mixed Gourmet, Shitake, Shiro &
Buna Shimeji & Oyster Mushrooms

All produce is marketed and sold subject to daily grower and market availability.

Supplier Map

Cornwall & Devon



design by Jade Lea Mckenzie

Fox Farm, Gulval.
Chard, Courgette, Kale, Purple Sprouting Broccoli & Squash.

R Collins, Ludgvan.
Cabbages.

C.P Richards, St Ives.
Asparagus.

Trevor Goldsworthy, Leedstown.
Swede.

Trevaskis Farm, Connor Downs.
Apple, Strawberry & Soft Fruit.

Neil Hosking, Connor Downs.
Cauliflower & Strawberry.

Philip Pryor, Perranwell Station.
Cauliflower & Potato.

R & J Kessell, Constantine.
Cauliflower.

W.R Skewes, Perranuthnoe.
Cabbage, Cauliflower, Kale & Potato.

Robert Curnow, Germoe.
Cabbage & Cauliflower.

Brian Roissetter, Camborne.
Jerusalem Artichoke.

Juliets, Perranarworthal.
Crown Prince Squash.

Canara Farm, Mylor.
Lizard Leaves Baby Leaf Salad, Chard, Flowers, Mixed Bean & Kale.

Newlina Produce, St Newlyn East.
Chard & Fresh Herbs.

Paul Chegwidan, Bissoc.
Courgette, Pumpkin & Squash.

Philip Kneebone, Perranwell Station.
Cabbage, Cauliflower, Leek, Pumpkin & Swede.

Mitchell Fruit Garden, Mitchell.
Blackcurrant, Gooseberry, Raspberry, Redcurrant, Rhubarb & Strawberry.

Hazleton Farm, Perranwell Station.
Eggs.

Pender Richards, Carnon Downs.
Broad Bean, Kale, & Rhubarb.

St Ewe Free Range Eggs, Tregony.
Eggs.

Ian Backway, St Evel.
Cabbage & Cauliflower.

Alex Cole, St Columb.
Cabbage, Calabrese & Cauliflower.

Rosedown Eggs, St Wenn.
Eggs.

Cornish Mushroom Co, Summercourt.
Speciality Mushroom.

Tregassow Farm, St Erme.
Asparagus.

Good Earth Growers, St Mellion & Looe.
Baby Vegetable, Flowers, Micro Herbs & Salad.

The Husbandry, Bickington.
Berries, Cucumber, Tangerine, Peas, Beans, Herbs & Tomato.

Old Park Farm, Liskeard.
Potatoes.

Hawthorn Garden, Pomeroy.
Leek, Purple Sprouting Broccoli & Rhubarb.

West Trecott Farm, Okehampton.
Swede.

North Harton Farm, Lustleigh.
Blueberry.

Newlands Farm, Liskeard.
Eggs.

Kitley Farm, Plymouth.
Gooseberry, Blackberry, Logan Berry, Carrot & Squash.

F. Clarke & Sons, Kentisbeare.
Parsnip.

Balls Farm, Cross Hill.
Rhubarb, Squash & Strawberry.

Lower Henland Farm, Cullompton.
Asparagus & Quail Eggs.

Forest Fungi, Dawlish.
Gourmet Mushroom.

Sky Sprouts, Harberton.
Pulses & Sprouting Bean.

Barton Farm, Moreleigh.
Cabbage & Potato.

Terawhiti Farm, Kingsbridge.
Chard, Kale, Artichoke, Cauliflower Strawberry & Tenderstem.

Nest Market Garden, Kingsbridge.
Potatoes.

Our Growers



Good Earth Growers

Passionate about growing amazing organic produce, whilst kindly evolving the soil to serve future generations, the dedicated team at Good Earth Growers cultivate microgreens, baby vegetables, edible flowers and specialist produce.

Farming from Crocadon Farm and Narkurs Nursery situated in the South East of Cornwall, Good Earth Growers have a combined space of 24.5 acres filled with polytunnels, Spanish tunnels and open fields where they provide nutritious organic food.


WestCountry fruit sales ltd

THE ESSENTIAL
FOOD COMPANY

Plough
to Plate

BLOCKBUSTERS

Guest House Range



Exceptional products and individual service shaped to meet your needs. We are the Westcountry's oldest and largest independent specialist wholesaler of fresh produce, dry stores and local artisan products. Our product ranges provide solutions for all your needs – from the best in local seasonal produce to those iconic artisan products that provide solutions for rooms and gifting. Our Plough to Plate range provides inspiration and easy access to those products that will invoke memories of the perfect holiday in our region and reflect the very best our prestigious world-renowned food sector has to offer. With no minimum order or delivery charges you can procure individual product ranges from over 70 local artisan suppliers to suit your needs.

St Ewe Rich Yolk Eggs

6 x 30 Eggs

FREG



Salad Tomatoes

1 x 6Kg

TO01



Back Bacon Smoked

4 x 2.25kg

was £53.95

Only £51.99

£13.00 per 2.25kg

BACM



Coco Pops Portion-Pak

1 x 40x35g

was £19.30

Only £16.45

£16.45 per 40x35g

40CP



Frosties Portion-Pak

1 x 40x353g

was £19.30

Only £16.45

£16.45 per 40x353g

40FF



Crunchy Nut Portion-Pak

1 x 40x35g

was £19.30

Only £16.45

£16.45 per 40x35g

40CN



St Ewe Rich Yolk Eggs

8 x 6 Eggs

SE005



Aviko Hash Browns

4 x 2.5kg

was £25.99

Only £22.99

£5.75 per 2.5kg

AVHA



Heinz Baked Beans

6 x 2.62kg

was £38.75

Only £35.99

£6.00 per 2.62kg

TI56



Rice Krispies Portion-Pak

1 x 40x22g

was £19.30

Only £16.45

£16.45 per 40x22g

40RC



Fruit N Fibre Portion-Pak

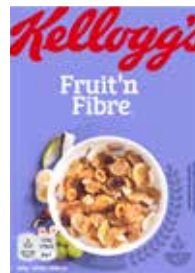
1 x 40x45g

was £19.30

Only £16.45

£16.45 per 40x45g

40FR



Netherend Butter Portions

1 x 100x10g

was £22.25

Only £20.70

£20.70 per 100x10g

BUTP



Portobello Flat Mushrooms

1 x 250g

MUP5



Back Bacon Unsmoked

4 x 2.25kg

was £49.95

Only £47.49

£11.88 per 2.25kg

QB01



Caterers Pride Baked Beans

6 x 2.61kg

was £26.99

Only £18.99

£3.17 per 2.61kg

TI28



Corn Flakes Portion-Pak

1 x 40x24g

was £19.30

Only £16.45

£16.45 per 40x24g

40CF



Bran Flakes Portion-Pak

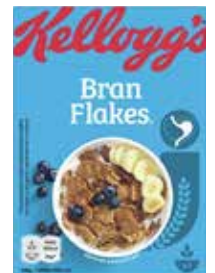
1 x 40x40g

was £19.30

Only £16.45

£16.45 per 40x40g

40BF



Tiptree Strawberry Jam Glass Portion

1 x 72x28g

was £20.95

Only £19.40

£19.40 per 72x28g



Lichfield Strawberry Jam Plastic Portion

1 x 100x20g

was £13.60

Only £11.99

£11.99 per 100x20g

JA23



Lichfield Assorted Jams Plastic Portion

1 x 100x20g

was £12.45

Only £10.35

£10.35 per 100x20g

JAMS



Marmite Portion

1 x 100x8g

was £27.95

Only £25.85

£25.85 per 100x8g

MMIP



Nashville Marmalade Plastic Portion

1 x 112x20g

was £10.75

Only £9.95

£9.95 per 112x20g

MMJ6



Tiptree Marmalade Glass Portion

1 x 72x28g

was £20.95

Only £19.40

£19.40 per 72x28g

TTJ5



Gales Honey Plastic Portion

1 x 100x20g

was £28.30

Only £26.20

£26.20 per 100x20g

HONP



Tiptree Honey Glass Portion

1 x 72x28g

was £32.30

Only £29.99

£29.99 per 72x28g

TTJ6



PG Tea Bags

2 x 1100

was £52.95

Only £45.99

£23.00 per 1100

PGTE



Smugglers Brew Cornish Tea Bags

2 x 1100

was £39.00

Only £35.99

£18.00 per 1100

C001



Tetley Decaf Tea Bags

6 x 440

was £81.60

Only £72.99

£12.17 per 440

TT04



Smugglers Brew Cornish Tea Envelope Tea Bags

1 x 250

was £17.95

Only £16.99

£16.99 per 250

C002



Nescafe Original Coffee Sticks

1 x 200

was £25.55

Only £19.99

£19.99 per 200

NC01



Nescafe Decaf Coffee Sticks

1 x 200

was £25.90

Only £20.99

£20.99 per 200

NC02



Nescafe Azera Instant Coffee

3 x 500g

was £85.00

Only £80.00

£26.67 per 500g

AZER



Cornish Tea Co Coffee Sticks

1 x 200

was £27.20

Only £25.99

£25.99 per 200

CSDE



Cornish Tea Co. Hot Chocolate Sachets

1 x 100x23g

was £46.00

Only £42.50

£42.50 per 100x23g

HSAC



Cadbury's Hot Chocolate (Add Milk)

1 x 5kg

was £36.50

Only £33.75

£33.75 per 5kg

CODE?



Semi-Skimmed Milk Portion

1 x 120 portions

was £4.49

Only £4.20

£4.20 per 120 portions

LDMP



T&L Sugar Sticks Demerara

1 x 1000

was £7.65

Only £5.49

£5.49 per 1000

SU27



T&L Sugar Sticks White

1 x 1000

was £7.20

Only £5.49

£5.49 per 1000

SU26



T&L Sugar Sachets White

1 x 1000

was £6.99

Only £5.49

£5.49 per 1000

1000



T&L Sugar Sachets Demerara

1 x 1000

was £7.60

Only £5.49

£5.49 per 1000

SACD1



Cornish Tea Sugar Sticks Demerara

1 x 1000

was £12.65

Only £11.79

£11.79 per 1000

CTSB



Canderel Sugar Sticks

1 x 1000

was £16.90

Only £14.99

£14.99 per 1000

CAN4



Furniss New Wave Snack Pack Mixed 100

1 x 100

was £39.99

Only £37.99

£38 per 100

NWMI



Hills Biscuits Mini Pack

1 x 100x3pk

was £16.20

Only £14.49

£14.49 per 100x3pk

BISN



Lotus Biscuits

1 x 300 packs

was £17.00

Only £15.70

£15.70 per 300 packs

BLOT



Tomato Sauce Sachets

1 x 200x9g

was £6.65

Only £6.15

£6.15 per 200x9g

ST97



Pepper Sachets

1 x 2000x2

was £9.30

Only £6.99

£6.99 per 2000x2

SACP



Salt Sachets

1 x 2000x8

was £4.49

Only £3.99

£3.99 per 2000x8

ST15



Brown Sauce Sachets

1 x 200x9g

was £5.70

Only £5.30

£5.30 per 200x9g

ST98



Heinz Tomato Ketchup

2 x 2.15ltr

was £32.40

Only £18.99

£9.50 per 2.15ltr

SA09



HP Brown Sauce

2 x 2ltr

was £22.65

Only £20.15

£10.08 per 2ltr

HP05



Still Water Bottled

1 x 24x500ml

was £4.95

Only £3.70

£3.70 per 24x500ml

WA46



Jolly's Cornish Still Water Canned

1 x 24x330ml

was £11.00

Only £10.25

£10.25 per 24x330ml

JOLL7



Jolly's Cornish Sparkling Water Canned

1 x 24x330ml

was £11.00

Only £10.25

£10.25 per 24x330ml

CODE?



18



Get in the Spirit

We are proud to now stock the full range of premium hand-crafted Cornish spirits from the famous Pocketful of Stones Distillery.

WestCountry
A PASSION FOR FOOD

WWW.POCKETFULOFSTONES.CO.UK



BLOCKBUSTERS

Ambient Range



Putting the chef firmly in control of all the kitchen staples, consumables and cleaning products. Whether you need a sack of flour, a drum of oil or a catering size washing up liquid, our huge stockholding ensures that you get all the essential products, every day.

Knorr Vegetable Bouillon Paste

2 x 1kg

was £49.00

Only £41.00

£20.50 per 1kg

BO88



Knorr Chicken Bouillon Paste

2 x 1kg

was £49.00

Only £41.00

£20.50 per 1kg

BO86



Knorr Beef Bouillon Paste

2 x 1kg

was £49.00

Only £41.00

£20.50 per 1kg

BO18



Knorr Fish Bouillon Paste

2 x 1kg

was £49.00

Only £41.00

£20.50 per 1kg

BO21



Knorr Lamb Bouillon Paste

2 x 1kg

was £49.00

Only £41.00

£20.50 per 1kg

BO22



Knorr Mushroom Bouillon Paste

2 x 1kg

was £49.00

Only £41.00

£20.50 per 1kg

BO25



Bisto Vegetable Gravy

1 x 1.8kg

was £21.70

Only £11.99

£11.99 per 1.8kg

BISV



Bisto Poultry Gravy

1 x 1.8kg

was £21.70

Only £11.99

£11.99 per 1.8kg

BO70



Bisto GF Vegan Gravy

1 x 1.8kg

was £21.70

Only £11.99

£11.99 per 1.8kg

GFGR



Bisto Gravy Original (Red)

1 x 1.8kg

was £21.70

Only £11.99

£11.99 per 1.8kg

SA94



Goose Fat

1 x 1kg

was £14.95

Only £13.50

£13.50 per 1kg

DFAT



Knorr Balti Curry Sauce

2 x 2lt

was £30.00

Only £26.75

£13.38 per 2lt

TSBA



Knorr Korma Curry Sauce

2 x 2lt

was £30.00

Only £26.75

£13.38 per 2lt

TSKO



Knorr Madras Curry Sauce

2 x 2lt

was £30.00

Only £26.75

£13.38 per 2lt

TSMA



Knorr Tikka Curry Sauce

2 x 2lt

was £30.00

Only £26.75

£13.38 per 2lt

TSTI



Hellmann's Real Mayo

1 x 10lt

was £51.65

Only £40.99

£40.99 per 10lt

MAY1



Boddington's Blackberry Conserve

1 x 3.5kg

was £36.43

Only £32.50

£32.50 per 3.5kg

JABB



Kerrymaid RTU Custard

12 x 1lt

was £22.40

Only £20.20

£1.69 per 1lt

02GV





myprofessional
REWARDS



Scan to download

Best
**IN THE
BUSINESS**



Tom Kerridge
Knorr Professional Creative Director

DISCOVER THE POWER OF CHEFS' MOST TRUSTED BOUILLON



Sarson's Malt Vinegar

12 x 300ml

was £16.20

Only £13.20

£1.10 per 300ml

VINB



Pringles Original (Snack Pot)

12 x 40g

was £10.70

Only £8.15

£0.68 per 40g

PR11



Pringles Sour Cream & Chive (Snack Pot)

12 x 40g

was £10.70

Only £8.15

£0.68 per 40g

PR12



Pringles Salt & Vinegar (Snack Pot)

12 x 40g

was £10.70

Only £8.15

£0.68 per 40g

PR13



Pringles Texas BBQ (Snack Pot)

12 x 40g

was £10.70

Only £8.15

£0.68 per 40g

PR14



Long Grain Rice

1 x 5kg

was £9.45

Only £7.99

£7.99 per 5kg

BRO1



Basmati Rice

1 x 5kg

was £14.45

Only £13.00

£13.00 per 5kg

BRO2



Risotto Rice

3 x 5kg

was £43.50

Only £39.00

£13.00 per 5kg

RISO5



Wild Basmati Rice

1 x 5kg

was £27.50

Only £25.00

£25.00 per 5kg

RICB5



Jasmine Rice

1 x 5kg

was £14.80

Only £13.10

£13.10 per 5kg

BJR5



Sushi Rice

1 x 10kg

was £23.20

Only £20.50

£20.50 per 10kg

RISU



Sushi Rice (Premium)

6 x 500g

was £8.20

Only £7.25

£1.21 per 500g

TZ07



Flour Plain (FWP Matthews)

1 x 16kg

NEW!

Only £10.50

£10.50 per 16kg

F1PL1



Flour Self Raising (FWP Matthews)

1 x 16kg

NEW!

Only £12.49

£12.49 per 16kg

F16R1



Cinnamon Sticks (Retial)

6 x 150g

was £29.00

Only £26.00

£4.34 per 150g

SPIN2



Cinnamon Ground

10 x 400g

was £33.99

Only £29.50

£2.95 per 400g

CINNI



Cinnamon Sticks

1 x 1kg

was £13.95

Only £12.75

£12.75 per 1kg

SPIN1



Sunflower Seeds

1 x 1kg

was £3.25

Only £2.75

£2.75 per 1kg

SSEE1





THE NATION'S FAVOURITE MAYONNAISE*

MADE WITH FREE RANGE EGGS

For more information go to [UFS.COM/HELLMANN'S](https://www.ufs.com/hellmanns)



Unilever Food Solutions



Support. Inspire. Progress.

*UK Nielsen Retail Grocery Value Sales MAT 28/11/2020



Plough to Plate

BLOCKBUSTERS

Drinks Range

A collection of quality drinks from The Essential Food Company and Plough to Plate, featuring soft and carbonated drinks, milkshakes, alcohol-free brews, tonic, soda and bottled water, award-winning spirits and ales.



Nescafe Gold Blend Coffee

750g

was £33.33

Only £28.00

£28.00 per 750g

COFG



Nescafe Original Coffee

750g

was £32.61

Only £22.00

£22.00 per 750g

COFF



Luscombe Cool Ginger Beer

1 x 24x270ml

was £32.55

Only £26.05

£26.05 per 24x270ml

LU07



Luscombe Hot Ginger Beer

1 x 24x270ml

was £32.55

Only £26.05

£26.05 per 24x270ml

LUS3



Luscombe Elderflower

1 x 24x270ml

was £32.99

Only £26.40

£26.40 per 24x270ml

LUS2



Luscombe Raspberry Crush

1 x 24x270ml

was £36.40

Only £29.10

£29.10 per 24x270ml

LUS4



Luscombe Sicilian Lemonade

1 x 24x270ml

was £32.55

Only £26.05

£26.05 per 24x270ml

LUS5



Sparkling Water Glass Bottle

1 x 24x250ml

was £9.95

Only £8.80

£8.80 per 24x250ml

WA35



Cornish Tea Co. Fusion Earl Grey Refill Bags

1 x 120 bags

was £25.50

Only £23.80

£23.80 per 120 bags

TEAR



Fanta Orange Bottles

1 x 12x500ml

was £11.75

Only £10.70

£10.70 per 12x500ml

BFA1



Coke Zero Bottles

1 x 12x500ml

was £10.95

Only £10.30

£10.30 per 12x500ml

BOTZ



Diet Coke Bottles

1 x 24x500ml

was £17.10

Only £15.65

£15.65 per 24x500ml

CA98



Cornish Orchards Heritage Cider 5%

1 x 12x500ml

was £22.95

Only £20.70

£20.70 per 12x500ml

HE09



Rattler Original Healey's Cider 5.5%

1 x 12x500ml

was £24.20

Only £22.80

£22.80 per 12x500ml

RATT1



Rattler Strawberry & Lime Healey's Cider 3.4%

1 x 12x500ml

was £20.70

Only £19.50

£19.50 per 12x500ml

RATT2



Rattler Mango Healey's Cider 3.4%

1 x 12x500ml

was £20.70

Only £19.50

£19.50 per 12x500ml

RATT3



Rattler Zero Healey's Alcohol-Free Cider 0%

1 x 12x500ml

was £19.15

Only £17.99

£17.99 per 12x500ml

RATT8



Copperfish Kerbon Bourbon-Style Spirit 43%

1 x 70cl

was £27.00

Only £21.60

£21.60 per 70cl

COPK



Great tasting, but don't just take our word

All products listed - awarded **Taste of the West** Gold or Silver

Bold confident branding, creating great shelf standout, driving new incremental sales with spirit drinkers and tourists.



LOOE GIN[®]

MADE ON THE QUAY BY THE SEA

15% OFF
THROUGHOUT
MARCH & APRIL
ACROSS OUR RANGE

Find us on
Facebook &
Instagram



Copperfish Distillery
The Quay, Looe
Cornwall PL13 1DX
T: 01503 262327



Genuine Cornish Rum

Made from scratch

We mash, ferment, distil and
oak-barrel-age all our rums here in our
distillery in Looe, Cornwall

www.copperfishdistillery.co.uk



BLOCKBUSTERS

Chilled Range



Putting the chef firmly in control of all the kitchen staples, consumables and cleaning products. Whether you need a sack of flour, a drum of oil or a catering size washing up liquid, our huge stockholding ensures that you get all the essential products, every day.

Flora 2kg

6 x 2kg

was £83.60

Only £73.80

£12.30 per 2kg

FLSP



Flora Portions

1 x 100 portions

was £13.75

Only £12.00

£12.00 per 100 portions

O2FP



Goats Log (French)

1 x 1kg

was £14.80

Only £13.00

£13.00 per 1kg

GOCH



Veggie Parmesan

1 x 1kg

was £12.90

Only £11.50

£11.50 per 1kg

TW61



Cubetti Diced Mozzarella

6 x 2kg

was £78.00

Only £75.00

£12.50 per 2kg

CUBB



Tims Natural Greek Yoghurt

6 x 500g

was £14.25

Only £13.00

£1.92 per 500g

TIYO



Sliced Halloumi

10 x 1kg

was £131.80

Only £120.00

£12.00 per 1kg

HCSL



Block Halloumi

10 x 1kg

was £124.00

Only £115.00

£11.50 per 1kg

HCBL



Willow Butter

20 x 250g

was £21.80

Only £19.50

£0.98 per 250g

BUT8



Vitalite Vegan Spread

6 x 2kg

was £43.70

Only £40.00

£6.67 per 2kg

VITA



Flora Plant Butter (Salted)

20 x 250g

was £26.00

Only £20.00

£1.00 per 250g

FPB1



Flora Plant Butter (Unsalted)

20 x 250g

was £26.00

Only £20.00

£1.00 per 250g

FPB2



Cornish Camembert

1 x 1kg

was £13.30

Only £12.00

£12.00 per 1kg

1KCC



Cornish Cheddar

10 x 200g

was £37.50

Only £34.00

£3.40 per 200g

CHMM



Cornish Brie

6 x 200g

was £23.00

Only £20.00

£3.34 per 200g

CHRB



Pepperoni Sliced Salami

10 x 1kg

was £120.00

Only £107.00

£10.70 per 1kg

SAPE1



Gnocchi Granoro

12 x 500g

was £15.95

Only £13.50

£1.13 per 500g

GN01



Gnocchi Gluten Free

12 x 500g

was £25.99

Only £22.50

£1.88 per 500g

GN03





BLOCKBUSTERS

Frozen Range

Putting the chef firmly in control of all the kitchen staples, consumables and cleaning products. Whether you need a sack of flour, a drum of oil or a catering size washing up liquid, our huge stockholding ensures that you get all the essential products, every day.

Frozen Blueberries

4 x 2.5kg

was £38.00

Only £33.50

£8.38 per 2.5kg

FRBBL



Frozen Cranberries

5 x 1kg

was £19.35

Only £16.50

£3.30 per 1kg

FRCCR



Frozen Mixed Berries

4 x 2.5kg

was £38.95

Only £35.00

£8.75 per 2.5kg

FRBE



Frozen Strawberries

4 x 2.5kg

was £34.50

Only £31.00

£7.75 per 2.5kg

FRFS



Frozen Guacamole

6 x 1kg

was £54.00

Only £45.00

£7.50 per 1kg

GU05



Baker Tom Plain Scones

1 x 24 scones

was £32.90

Only £27.50

£27.50 per 24 scones

BTOM2



Baker Tom Fruit Scones

1 x 24 scones

was £38.00

Only £34.25

£34.25 per 24 scones

BTOM8



Baker Tom Foccacia Garlic / Parsley

1 x 10 Foccacia

NEW!

Only £41.00

£41.00 per 10 Foccacia

BTOM9



Baker Tom Foccacia Rosemary / Sea Salt

1 x 10 Foccacia

NEW!

Only £41.00

£41.00 per 10 Foccacia

BTOM10



Exploding Bakery Banana Chocolate Loaf Cake

1 x 1 cake

was £17.95

Only £15.50

£15.50 per 1 cake

BR12



All Butter Croissants

1 x 60 Croissants

was £36.00

Only £32.70

£32.70 per 60 Croissants

CR22



Pain Au Chocolate

1 x 70 Pains

was £42.30

Only £38.95

£38.95 per 70 Pains

PACL



Jus Roll Puff Pastry

4 x 1.5kg

was £23.00

Only £19.95

£4.99 per 1.5kg

PUP2



Proper Cornish Steak Pasty

1 x 20 pasty

was £32.75

Only £29.99

£29.99 per 20 pasty

PAS28



Yorkshire Puddings

1 x 60 Yorkies

was £8.50

Only £8.10

£8.10 per 60 Yorkies

YORK



Pigs in Blankets

10 x 1kg

was £98.50

Only £87.50

£8.75 per 1kg

PIGS



Tortilla Wraps 12"

1 x 100 Wraps

was £26.99

Only £24.75

£24.75 per 100 Wraps

TWRP



Bao Bun Yutaka

12 x 300g

was £68.99

Only £62.50

£5.21 per 300g

BAOB





Plough to Plate

BLOCKBUSTERS

The widest range of local artisan fine foods available in the South West. Hand crafted products of the highest quality, curated by our specialist team from across Cornwall, Devon and the south west, in order to provide a highly efficient and dedicated direct route to market for over 60 smaller producers, as well as giving customers a single and easy ordering platform for this entire collection of unique and inspiring product ranges.

Copperpot All Butter Fudge

1 x 10x150g

was £20.72

Only £18.64

£18.64 per 10x150g

COPO1



Copperpot Caramel Sea Salt Fudge

1 x 10x150g

was £20.72

Only £18.64

£18.64 per 10x150g

COPO2



Copperpot Clotted Cream Fudge

1 x 10x150g

was £20.72

Only £18.64

£18.64 per 10x150g

COPO3



Copperpot Maple Syrup Fudge

1 x 10x150g

was £20.72

Only £18.64

£18.64 per 10x150g

COPO4



Copperpot Valencian Orange Fudge

1 x 10x150g

was £20.72

Only £18.64

£18.64 per 10x150g

COPO5



Copperpot Cappuccino Fudge

1 x 10x150g

was £20.72

Only £18.64

£18.64 per 10x150g

COPO6



Homecraft Kea Plum Jam

1 x 1.4kg

was £13.60

Only £11.55

£11.55 per 1.4kg

HOKP



Homecraft Piccalilli

1 x 1.2kg

was £12.40

Only £10.65

£10.65 per 1.2kg

CHPK



Homecraft Kea Plum Jam

1 x 330g

was £3.50

Only £2.95

£2.95 per 330g

JA38



Homecraft Peach, Raspberry & Redcurrant Jam

1 x 330g

was £3.50

Only £2.95

£2.95 per 330g

JA40



Homecraft Orange & Ginger Marmalade

1 x 330g

was £3.50

Only £2.95

£2.95 per 330g

MA24



Peck & Strong Victoria Sponge Cake

1 x 10"

was £27.00

Only £24.20

£24.20 per 10"

VI06



Chocolarder Millot Farm Sambirano Dark Chocolate 80%

10 x 70g

was £30.40

Only £28.45

£2.85 per 70g

CLSA



Halzephron Amalfi Salad Dressing

1 x 250ml

was £3.50

Only £3.15

£3.15 per 250ml

AM01



Halzephron Raspberry & Balsamic Dressing

1 x 250ml

was £3.50

Only £3.15

£3.15 per 250ml

RA03



Halzephron Cornish Herb Salad Dressing

1 x 250ml

was £3.50

Only £3.15

£3.15 per 250ml

CO10



Cornish Chillies Mexican Mole Hot Sauce

6 x 150ml

was £18.80

Only £17.65

£2.95 per 150ml

CCMM



Cornish Larder Caramel Sauce

1 x 1.2kg

was £16.10

Only £14.10

£14.10 per 1.2kg

CATCS



CRUMBLY FUDGE GOODNESS

ORDER NOW & RECEIVE
20% OFF
COPPERPOTS
FULL RANGE
ORDER NOW & RECEIVE



Enjoy the taste of our
irresistibly crumbly
Cornish Fudge!

Stock our Award Winning Cornish Fudge!

PERFECT FOR GIFTING & SNACKING



Try our 50g
Snack Packs!

Grab and go bags in a handy
counter top display box.



Offer includes the full range of Copperpot fudge gift boxes & snack packs. Our gift boxes come in 10 x 150g (1 flavour per box). Snack packs come in 24 x 50g packs (2 x each flavour).

Your customers will love Copperpot Fudge!

LOVECOPPERPOT.COM

COPPERPOT
— ST JVS. CORNWALL —

Our Suppliers



Truffle Hunter

Based in the beautiful Cotswolds, Truffle Hunter are the UK's leading supplier of Fresh Truffles and Truffle products. Working with expert truffle hunters, they source the highest quality truffles from the best truffle regions throughout Europe.

Truffle Hunter have developed a luxurious collection of truffle products for gourmet food lovers. This consists of Truffle Oils & Vinegar, Truffle Dairy, Preserved Truffle, Truffle Snacks, Truffle Pasta, Truffle Condiments, and a range of luxurious gift sets.





BLOCKBUSTERS

Non-food Range

Putting the chef firmly in control of all the kitchen staples, consumables and cleaning products. Whether you need a sack of flour, a drum of oil or a catering size washing up liquid, our huge stockholding ensures that you get all the essential products, every day.

Fish & Chip Boxes

1 x 250 Boxes

was £30.00

Only £28.00

£28.00 per 250 Boxes

BIO28



Straws (Black Cocktail)

20 x 250 Straws

was £38.30

Only £33.50

£1.68 per 250 Straws

STBL



Ripple 12oz Cup

1 x 500 Cups

was £34.50

Only £31.99

£31.99 per 500 Cups

RIP12



Double Wall 12oz Cup

1 x 500 Cups

was £48.00

Only £42.00

£42.00 per 500 Cups

BIO7



Double Wall 8oz Cup

1 x 500 Cups

was £41.00

Only £36.00

£36.00 per 500 Cups

BIO6



Lids for Cups 8oz

1 x 1000 Lids

was £40.00

Only £38.00

£38.00 per 1000 Lids

BIO1



Lids for Cups 12oz

1 x 1000 Lids

was £48.00

Only £45.00

£45.00 per 1000 Lids

BIO2



Container Size 1 (800ml)

1 x 450 Tub

was £42.00

Only £36.50

£36.50 per 450 Tub

CON8



Container Size 2 (1100ml)

1 x 280 Tubs

was £39.00

Only £28.00

£28.00 per 280 Tubs

CON9



Container Size 3 (1500ml)

1 x 180 Tubs

was £42.00

Only £36.00

£36.00 per 180 Tubs

CON7



Container Size 4 (2500ml)

1 x 180 Tubs

was £88.65

Only £84.00

£84.00 per 180 Tubs

BIO62



Container Size 8 (1365ml)

1 x 300 Tubs

was £45.99

Only £34.99

£34.99 per 300 Tubs

SIE1



Ice Cream Spade

10 x 100 Scoop

was £12.45

Only £10.99

£1.10 per 100 Scoop

ICSP



Wooden Cutlery Fork

10 x 100 Fork

was £22.00

Only £18.00

£1.80 per 100 Fork

WOFO



Wooden Cutlery Knives

10 x 100 Knives

was £20.00

Only £14.00

£1.40 per 100 Knives

WOKN



Wooden Cutlery Spoons

10 x 50 Spoon

was £20.00

Only £16.00

£1.60 per 50 Spoon

WOSP



Wooden Cutlery Teaspoons

10 x 200 Spoon

was £16.50

Only £12.00

£1.20 per 200 Spoon

WTSP



Burger Boxes

1 x 400 boxes

was £41.00

Only £35.00

£35.00 per 400 boxes

BIO54





CARLYON BAY HOTEL GOLF CLUB

WestCountry A PASSION FOR FOOD Corporate Golf

Complimentary Cards
available exclusively for
WestCountry Customers

Available 7 days a week

Contact your account manager
to book your **Free Corporate Golf**

Complimentary Cards are available daily
but are always subject to course availability

A maximum of 4 cards available per session

Booked sessions will be confirmed within 24 hours

WestCountry

A PASSION FOR FOOD

The Westcountry's oldest and largest independent specialist wholesaler of fresh produce, dry stores and local artisan products. Established in 1856, the business has a proud reputation for delivering excellence. We grow, source and curate the widest range of inspiring products...



WestCountry Fruit Sales is the beating heart of the WestCountry group. The business that started it all has continued to thrive sourcing the finest fresh produce from the South West and beyond. We are committed to growing, sourcing and curating the widest range of innovative and inspiring fresh produce. With our unique delivery service, we will look after you so you can concentrate on your business.



The Essential Food Co. provides a full range of chilled and dried foods along with all the necessary kitchen essentials. We provide access to all the leading food service brands at competitive prices and provide our customers with a unique, seven days a week, delivery service across this entire range.

Plough to Plate

Driven by a passion for unearthing the most interesting and innovative food and drink products, Plough to Plate represents our curated range of specialist, locally produced fine foods. Hand crafted ranges from artisan bread and craft beers, through to locally produced charcuterie, chocolate and confectionary. This range of over 1000 products reflects all that is special and unique to our region.



Open Account

Download, complete and forward on our documents today to open up your unique customer account and start enjoying fantastic WestCountry benefits. If you would prefer a hard copy or require assistance we will be happy to help.

Visit www.westcountry.co.uk/open-account



WestCountry

A PASSION FOR FOOD

Falmouth

The Distribution Centre, Higher Argal,
Budock, Falmouth, Cornwall, TR11 5PE
Tel: 01326 372 304

St Austell

St Austell Bay Business Park,
Par Moor Road, St Austell, PL25 3RF
Tel: 01726 817 666

Devon

Unit 8A, Silverhills Road, Decoy Industrial Estate,
Newton Abbot, TQ12 5LZ
Tel: 01626 830 881


WestCountry fruit sales ltd



Plough
to Plate